

Parque de Dunas da Praia da Memória MATOSINHOS



Visits by appointment:

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CÂMARA MUNICIPAL DE MATOSINHOS

Pelouro do Ambiente

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Estorno (Ammophila arenaria)

INTERPRETATIVE CIRCUIT

The circuit begins next to the Information and Environmental Education Center, where an exhibition on the natural heritage of Parque das Dunas is on display.

Follow the walkway heading to Obelisco da Memória, making it possible to observe flora and invertebrates that live in the dune ecosystem. Butterflies, ants, bees, snails and spiders are common sights. The walkway will then head towards the beach. Here, notice the transition from plant covered dunes (sealed area) to trampled and damaged dunes. It is important to highlight the sand fixation effect of plants such

as: *Ammophila arenaria*, *Eryngium maritimum* and human made palisades.

The route then leads to rocky formations where seaweed and animals such as “bodelha”, red algae, mussels, conch, barnacles and crabs can be observed.

Finally, the walkway will lead back to the beginning.



Cardo-marítimo
(*Eryngium maritimum*)

Lírio-das-praias
(*Pancratium maritimum*)

HELP US PROTECT THE DUNES

- Respect the walkways and avoid walking in fenced zones.
- Throw garbage in the appropriate containers.
- Do not pick up plants.
- Do not disturb animals.
- Do not walk dogs without a leash.
- Do not walk or drive vehicles outside authorized places.

Larva de borboleta
(*Brythis crini*)

